

Subin Na

Ph.D. Candidate, School of Social Policy & Practice

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Education

Ph.D. in Social Welfare 2023 – May 2027 (Expected)

School of Social Policy & Practice, University of Pennsylvania

Advisor: Dr. Phyllis Solomon

Dissertation: Rhetoric of Peer Support and Reality of Labor: Role Construction, Institutional Contexts, and Compensation in Peer Specialist Job Postings

Committee: Drs. Phyllis Solomon (Chair), Dominic Sisti, Manuel S. González Canché

M.A. in Social Welfare (MSW equivalent) 2021 – 2023

Seoul National University, Republic of Korea

Advisor: Dr. Sang Kyoung Kahng

Thesis: Discrimination against People with Serious Mental Illness and Their Active Coping Behaviors: The Mediating Role of Adequacy of Social Participation Services

B.A. in Social Welfare and Economics (Double Major) 2017 – 2021

Seoul National University, Republic of Korea

Summa Cum Laude

Research Interests & Specialization

Topics	Mental Health Services, Recovery-Oriented Care, Help-Seeking and Service Utilization, Peer Support Services, Mental Health Equity and Disparities
Populations	Individuals with Serious Mental Illness, Racial/Ethnic Minorities
Methods	Machine Learning and Natural Language Processing, Structural Equation Modeling, Multilevel and Longitudinal Modeling, Mixed Methods Research, Evidence Synthesis (Systematic and Scoping Reviews)

Publications & Work-In-Progress

Peer-Reviewed Publications

1. Na, S., Tham, S., & Solomon, P. (2026). Cultural Humility and Recovery-Promoting Competencies Among Mental Health Practitioners: The Mediating Role of Recovery Attitudes. *Administration and Policy in Mental Health and Mental Health Services Research*. Advance online publication. <https://doi.org/10.1007/s10488-026-01513-x>
2. Na, S., & Solomon, P. (2026). Individual and Organizational Factors Influencing Recovery-Promoting Competency Among Mental Health Practitioners. *Psychiatric Rehabilitation Journal*, 49(3), 276–288. <https://doi.org/10.1037/prj0000683>

3. **Na, S.**, Solomon, P., & Yoo, N. (2026). Impact of Asian Language-Speaking Mental Health Providers on Asian American Patient Volume in Mental Health Treatment Facilities: Moderating Role of Medicaid Spending. *Journal of Racial and Ethnic Health Disparities*. Advance online publication. <https://doi.org/10.1007/s40615-026-02853-y>
4. Tham, S., **Na, S.**, & Solomon, P. (2026). Factors Influencing the Implementation of Peer Support Specialists within Mobile Crisis Teams: A Scoping Review of CFIR Domains and Implementation Strategies. *Psychological Services*, 23(3), 441–461. <https://doi.org/10.1037/ser0000996>
5. **Na, S.**, Kahng, S. K., & Solomon, P. (2025). Impact of Discrimination on Help-Seeking Behavior Among Individuals With Serious Mental Illness in South Korea: Role of Social Participation Services. *Community Mental Health Journal*, 61(6), 1181–1194. <https://doi.org/10.1007/s10597-025-01458-9>
6. **Na, S.**, Tham, S., & Solomon, P. (2025). Understanding the Essence of Recovery-Oriented Practice: Scoping Review. *American Journal of Psychiatric Rehabilitation*, 28(5), 1572–1615. <https://doi.org/10.69980/ajpr.v28i5.733>
7. Kim, S., Kang, M., & **Na, S.** (2022). Social Capital and Cultural Capital of People Living Alone. *Journal of Critical Social Welfare*, 75(1), 171–216. <https://doi.org/10.47042/ACS W.2022.05.75.171>

Other Publications (Book Chapters and Translations)

1. Pilling, M. (2026). *Mad Studies: The Basics* (Korean Society of Disability Studies, Mad Studies Subcommittee, **Na, S.**, Do, Y., Park, J., Song, S., Yoo, K., & Jeon, A., Trans.). Seoul: Dongnyok. (Original work published 2023). ISBN 9788972972204.
2. **Na, S.**, & Choi, I. (2021). A Study on the Recovery Experience of People with Serious Mental Illness Who Participated in the Mental Health Consumer Movement: Focusing on Solidarity as an Alternative Relationship Formation. In *The World Viewed Through Human Rights: People and Society*. Seoul: Parkyoungsa. ISBN 9791130338859.

Manuscripts Under Review

1. **Na, S.**, & Solomon, P. (Revise & Resubmit). Where We Have Been and Where We Are Going: Mapping the Evolution of Personal Recovery Scholarship in Serious Mental Illness Through Structural Topic Modeling. *Psychiatric Rehabilitation Journal*.
2. Zhang, A., Solomon, P., Wang, K., Yu, Z., **Na, S.**, Chen, M., Weaver, A., & Spencer, M. (Revise & Resubmit). A Human-ML Collaborative Framework for Justice-Centered Statistical Machine Learning in Social Work Research. *Journal of the Society for Social Work and Research*.
3. Yu, H., **Na, S.**, Zhang, A., & Solomon, P. (Revise & Resubmit). The Indirect Effect of Bullying on Student School Belonging Through Online Vigilance: A Gender-Specific Pattern. *Youth & Society*.
4. **Na, S.**, Kim, I. A., & Solomon, P. (Under Review). Predictors of Early Mental Health Treatment Dropout in Postsecondary Students with Serious Mental Illness: A Gradient Boosting Approach. *Journal of Behavioral Health Services & Research*.
5. **Na, S.**, Tham, S., Dunn, C., Assoudeh, E., Watson, S., Rahman, A., Jackson, N., Grant, L., Enders, G., Clarke, M., Peterson, P., Lopez, V., Estevez, R., & Solomon, P. (Under Review). Organizational Challenges and Strategies for Integrating Peer Support Work-

ers Into Crisis and Emergency Response Teams: A Qualitative Study in New York City. *Community Mental Health Journal*.

6. Na, S., Yoon, A. S., Oh, H., & Solomon, P. (Under Review). When Do Students Turn to AI for Counseling? Internalized Shame as a Pathway from Diminished Social Support Among Korean College Students. *Computers in Human Behavior Reports*.
7. Kim, I. A., Na, S., & Solomon, P. (Under Review). Self-Stigma, Sense of Belonging, and Help-Seeking Across Professional and Informal Contexts Among East Asian Postsecondary Students. *Journal of College Student Development*.
8. Dunn, C., Assoudeh, E., Na, S., Tham, S., Solomon, P., Enders, G., Clarke, M., Peterson, P., Watson, S., Rahman, A., Lopez, V., & Estevez, R. (Under Review). Centering Lived Experience in Mental Health Crisis Response Systems: The Role of Peer Support Workers. *Psychiatric Services*.

Work in Progress

For the following papers, either an abstract or a draft is available upon request.

1. Na, S., Solomon, P., Fortuna, M., Rogers, T., & Fortuna, K. L. Post-COVID Digital Peer Support Interventions for Individuals with Serious Mental Illness: A Scoping Review of Feasibility, Acceptability, and Preliminary Effectiveness.
2. Tham, S., Na, S., Solomon, P., Dunn, C., Assoudeh, E., Enders, G., Clarke, M., Peterson, P., Watson, S., Rahman, A., Lopez, V., & Estevez, R. Developing Lived Experience Expertise: A Conceptual Framework for Peer Support Specialists in Mental Health Crisis Response.
3. Na, S., & Yoo, N. What Consumers Say About U.S. Mental Health Facilities: A Computational Text Analysis of Google Maps Reviews.
4. Na, S., Kuyken, W., & Yoon, A. S. Effects of a Mindfulness-Based Mental Health General Education Course on Depressive Symptoms and Psychosocial Outcomes Among Korean University Students: A Randomized Comparison of Mindfulness Home Practice and Reflective Bibliotherapy.
5. Yu, H., Na, S., Zhang, A., & Solomon, P. The Indirect Effect of Bullying on Student School Belonging Through Perceived Safety: A Gender-Specific Pattern.
6. Na, S., Kim, I. A., Zhang, A., & Solomon, P. Systematic Review and Meta-Analysis on the Effectiveness of Stigma-Reduction Interventions Among Asian Populations.
7. Yoo, N., Na, S., & Gandhi, S. Generative Artificial Intelligence in Behavioral Health Peer Support: A Scoping Review.

Conference Presentations

1. Na, S., Tham, S., & Solomon, P. (2026, October). Cultural Humility and Recovery-Promoting Competencies: How Recovery Attitudes Shape Mental Health Practice. Award presentation (Honorable Mention, Disability Manuscript Award) at *Council on Social Work Education (CSWE) Annual Conference*, Atlanta, GA, U.S.
2. Na, S., & Solomon, P. (2026, January). Individual and Organizational Factors Influencing Recovery-Oriented Practices. Presentation at *Society for Social Work and Research (SSWR)*, Washington D.C., U.S.

3. **Na, S.,** & Solomon, P. (2026, January). Pathways to Recovery-Oriented Practices. Presentation at *Society for Social Work and Research (SSWR)*, Washington D.C., U.S.
4. **Na, S.,** Kim, I. A., & Solomon, P. (2026, January). Help-Seeking Intentions among Asian Domestic and International Students. Presentation at *Society for Social Work and Research (SSWR)*, Washington D.C., U.S.
5. **Na, S.,** Kahng, S., & Solomon, P. (2025, March). Discrimination or empowerment? The role of social participation services for individuals with serious mental illness. Presentation at *European Conference for Social Work Research (ECSWR)*, Munich, Germany.
6. **Na, S.** (2024, March). Discrimination against people with serious mental illness and their active coping behaviors in South Korea: The mediating role of adequacy of social participation services. Presented at *Korean Studies Young Scholars (KSYS) Graduate Student Conference*, James Joo-Jin Kim Center for Korean Studies, University of Pennsylvania.
7. Kahng, S., Lee, Y., Kim, S., Song, S., **Na, S.,** Kim, Y., Kim, J., & Ahn, J. (2022, June). Awareness of services necessary for the human rights of individuals with SMI in Korea. Presented at *World Congress on Adult Capacity 2022*, Edinburgh, Scotland.

Research Grants

2025	Doctoral Summer Research Fellowship Award (\$5,000) <i>University of Pennsylvania, School of Social Policy & Practice</i>
2024	Doctoral Summer Research Fellowship Award (\$5,000) <i>University of Pennsylvania, School of Social Policy & Practice</i>
2021	Independent Research Grant (\$1,000) <i>Seoul National University Human Rights Center</i>

Fellowships & Scholarships

2026 – Present	Leonard Davis Institute of Health Economics (LDI) Fellow <i>University of Pennsylvania</i>
2024 – 2026	Conference Travel Award (\$600/year) <i>School of Social Policy & Practice, University of Pennsylvania</i>
2025	Korean Honor Scholarship (\$1,500) <i>Embassy of the Republic of Korea, Ministry of Foreign Affairs</i>
2023 – Present	Doctoral Study Abroad Scholarship (\$13,000/year) <i>Korea Foundation for Advanced Studies (KFAS)</i>
2021 – 2022	Merit-Based Scholarship (\$6,500) <i>Woo-san Yukyounghoe Scholarship Foundation</i>
2020 – 2021	Merit-Based Scholarship (\$7,000) <i>OK Bae & Jung Scholarship Foundation</i>

2017 – 2021 **Merit-Based Scholarship (Full Tuition for Six Semesters)**
Seoul National University

Honors & Awards

2026 **Best Project Award** ([View project](#))
Summer Institutes in Computational Social Science at Penn (SICSS-Penn)

2026 **Honorable Mention, Disability Manuscript Award**
Council on Social Work Education (CSWE)

2020 **Excellence in Research Award**
The 8th Student Human Rights Research Project Contest, Seoul National University Human Rights Center

2019 **Outstanding Mentor Recognition**
Educational Mentoring Program for Children from Low-Income Families, Seoul National University Institute for Global Social Responsibility

Research Experience

2026 – Present **Research Assistant**
Multinational Research Collaboration (Brazil, France, South Korea)
Project: Multinational Randomized Controlled Trial of Trial-Based Cognitive Therapy with and without Artificial Intelligence Assistance for Emotional Disorders
Role: Contributing to study protocol development, including the design of the AI-assisted blended arm and cultural adaptation planning for the South Korea site; trial preparation begins in earnest in late 2026.

2023 – Present **Research Assistant**
Mayor's Office of Community Mental Health of NYC
Project: Integrating Peer Support Services in NYC Crisis and Emergency Response Settings
Role: Conducted a community-partnered study with peer support workers and city agencies; contributed to IRB protocol development; designed focus group protocols; led codebook development and qualitative coding; led development of multiple first-authored and co-authored manuscripts; currently planning the partnership's stakeholder interview phase.

2022 – 2023 **Research Assistant**
Ministry of Health and Welfare of Korea
Project: A Study on Community Integration Strategies for Individuals with SMI
Role: Conducted literature reviews to derive parameters for effect estimation of the hospitalization system revised under the Mental Health Act; analyzed international cases of community mental health services as policy benchmarks; wrote sections of the final policy report.

- 2022 **Research Assistant**
National Human Rights Commission of Korea
Project: A Survey on Building Human Rights-Friendly Treatment Environments for Individuals with SMI
Role: Conducted in-depth interviews with individuals with SMI and supported on-site survey administration for patients at psychiatric hospitals nationwide; conducted focus group interviews with mental health professionals; conducted a document-based comparative case study of Taiwan's treatment environment; authored a chapter of the final report.
- 2021 **Research Assistant**
National Human Rights Commission of Korea
Project: A Survey of Advanced Cases for Enhancing the Community Integration of Individuals with SMI
Role: Developed survey items and conducted descriptive analyses of community integration needs among several hundred people with SMI, family members, and social workers; conducted in-depth interviews with approximately 10 individuals with SMI using mental rehabilitation facilities; conducted case studies of person-centered, rights-based approaches in the US, Australia, and the UK.

Teaching Interests

Core Courses

- Social Work Research Methods
- Statistics I & II
- Social Welfare Policy
- Introduction to Social Work

Substantive Area Courses

- Mental Health Services and Policy
- Recovery-Oriented Mental Health Practice
- Data Science and Machine Learning for Social Work
- Technology and AI in Mental Health Services

Teaching Experience

- FA 2026 **Lab Instructor, Quantitative Methods**
School of Social Policy & Practice, University of Pennsylvania
Role: Will develop lab materials and conduct weekly lab sessions focused on students' R programming skills.
- SP 2026 **Teaching Assistant, Practical Machine Learning Methods**
School of Social Policy & Practice, University of Pennsylvania
Role: Developed assignments focused primarily on students' Python programming skills; assisted in the main lecture's practice sessions by troubleshooting coding errors and answering student questions; graded assignments and held office hours.

- FA 2025 **Lab Instructor, Quantitative Methods**
School of Social Policy & Practice, University of Pennsylvania
Role: Developed lab materials and conducted 11 weekly lab sessions focused on students' R programming skills; assisted in lecture practice sessions by troubleshooting coding errors and answering student questions; graded assignments and held weekly office hours; received student evaluations of 3.8/4.0 for overall instructor quality and 4.0/4.0 for both communication and ability to stimulate interest, with a 100% response rate.
- FA 2022 **Teaching Assistant, Social Work Practice**
Department of Social Welfare, Seoul National University
Role: Prepared lecture materials for the undergraduate required course; managed attendance and assignments; served as the primary contact for student questions and professor–student communication.
- SP 2022 **Teaching Assistant, Seminar on Social Work Practice Skills**
Department of Social Welfare, Seoul National University
Role: Prepared weekly readings and seminar materials for the graduate seminar; handled administrative tasks and facilitated communication between professor and students.
- FA 2021 **Teaching Assistant, Social Work Practice**
Department of Social Welfare, Seoul National University
Role: Prepared lecture materials for the undergraduate required course; managed attendance and assignments; served as the primary contact for student questions and professor–student communication.

Social Work Practice & Community Service

- 2025 – Present **Volunteer Crisis Counselor**
Crisis Text Line
Role: Completed Crisis Text Line's formal crisis counselor training; provide text-based crisis intervention and de-escalation support to individuals experiencing mental health crises.
- 2021 **Social Work Intern**
Basic Psychiatric Hospital, Seoul, Republic of Korea
Role: Designed and led mindfulness meditation and exercise therapy programs as the main director to promote physical health and social functioning of patients with SMI; liaised with patients undergoing residential treatment and documented weekly assessments; participated in official seminars and shared cases with mental health social workers; wrote ethnographic research comparing the Day Hospital and Clubhouse programs.

- 2019 – 2021 **Adult Learning Instructor (English, Korean History, Social Work)**
Lifelong Education Program ‘Fountain College,’ Taiwha Fountain House (Clubhouse), Seoul, Republic of Korea
Role: Developed curricula and taught adult education classes for clubhouse members with SMI; contributed to building the clubhouse’s lifelong education program ‘Fountain College.’
- 2019 **Social Work Intern**
Taiwha Fountain House (Clubhouse), Seoul, Republic of Korea
Role: Worked side-by-side with members with SMI in daily routines and programs; visited households and workplaces of members, conducted personal counseling, and documented professional casework practices; wrote a qualitative paper on social stigma and self-stigma among young adults with SMI and factors influencing their recovery.
- 2018 – 2021 **Supervisor, Online Mentoring Program**
Institute for Global Social Responsibility, Seoul National University
Role: Monitored and documented online mentoring activities between SNU students and middle school students from low-income families; discussed cases requiring intervention with fellow supervisors and provided consultations for mentors; liaised with mentors, mentees, and teachers at mentees’ schools.

Licenses and Accreditation

- Licensed Social Worker, Pennsylvania (License #SW144122)
- Certified Social Worker, Level 1&2, Republic of Korea (License #1-218802)
- MSW Degree Equivalency, Council on Social Work Education

Other Professional Experience

- 2020 – 2023 **Chief Editorial Assistant**
Korea Social Policy Review, Korean Association of Social Policy
Role: Supported the editorial process from manuscript submission to publication; coordinated communications with authors, reviewers, and editorial board members.
- 2019 – 2021 **Writing Tutor**
Institutes for Liberal Arts, Seoul National University
Role: Provided periodic one-on-one feedback on students’ final papers, discussing the flow and content of papers.

Skills & Training

Software & Programming

R, Python, SPSS, PROCESS Macro, LaTeX, Qualtrics

Quantitative & Methodological Training

Generalized linear models, multilevel and longitudinal modeling, structural equation modeling, latent class analysis and latent class growth analysis, causal inference (instrumental variables, difference-in-differences, regression discontinuity, propensity score matching), machine learning (naïve Bayes, k -nearest neighbors, decision trees, boosting, neural networks, clustering), natural language processing and topic modeling, spatial socioeconometrics, mixed methods research, framework analysis, and evidence synthesis (scoping and systematic reviews, meta-analysis)

Trainings & Workshops

**Competitively selected*

2026	CETLI Teaching Certificate (In Progress, Expected December 2026) <i>Center for Excellence in Teaching, Learning and Innovation, University of Pennsylvania</i>
2026	The Summer Institutes in Computational Social Science (SICSS)* <i>University of Pennsylvania</i>
2025	Machine Learning for Causal Inference <i>Korea Society of Management Information Systems</i>
2023	Quantitative Ethnography Masterclass <i>Learning Sciences Research Institute, Seoul National University</i>
2023	Computational Modeling & Reinforcement Learning <i>College of Social Sciences, Seoul National University</i>
2023	Text Big Data and Natural Language Processing <i>College of Social Sciences, Seoul National University</i>
2023	Latent Class, Latent Transition, and Growth Mixture Modeling <i>Data Analysis Methodology Workshop (Parkyoungsa)</i>
2022	Structural Equation Modeling (SEM) <i>Korea Social Science Data Archive (KOSSDA)</i>

Ad Hoc Peer Review

Journal of Racial and Ethnic Health Disparities, BMC Public Health

Professional Memberships

- Association for Peer Support (APS), Community of Scholars and Scientists
- Society for Social Work and Research (SSWR), Student Member
- Council on Social Work Education (CSWE), Student Member